# Information sheet letter (schools to adapt as needed)

**Fruit fly update – what you need to know**

Our school is currently in a fruit fly red outbreak area and this means restrictions are in place on the movement of some fruit and vegetables on and off our school site. This may be particularly difficult for families who also live in the red outbreak area and cannot bring fruit and vegetables at risk to school.

Commercially sourced fresh fruit and vegetables are now available in our canteen for <cost per item> to help families access affordable healthy lunchbox options while fruit fly restrictions are still in place. Fruit and vegetables available include <list options available>.

Please inform your child not to bring uneaten fruit home – it should be disposed of at school in the appropriate bin.

**Restrictions in place**

Search the fruit fly map to check if you live in an outbreak area [www.fruitfly.sa.gov.au](http://www.fruitfly.sa.gov.au).

**If you live in the red outbreak area:**

Your child must not bring any fresh fruit and vegetables on [this list](http://www.pir.sa.gov.au/fruitfly-produce) to school. This applies even if it has been cut up.

**If you live in the yellow suspension area OR green unaffected area**

Your child can bring any type of fresh fruit or vegetable to school. All fresh fruit or vegetables on [this list](http://www.pir.sa.gov.au/fruitfly-produce) must be eaten or binned at school. These items cannot return home at the end of the day and will be disposed of safely at our school.

**What you CAN bring**

Canned, grated, dried, frozen, cooked or pureed fruit and vegetables of any kind are acceptable in any area. Other lunchbox fruit and vegetables options you can bring include:

* Cut fresh pineapple into chunks
* Thread fresh melons, like watermelon, honeydew and rockmelon, onto icy pole sticks
* Cut strawberries into halves (but not permitted in the Ridleyton or Riverland outbreak areas)
* Frozen fruit – try grapes, berries or mango for a refreshing snack
* Cooked or stewed fruit – add some yoghurt on the side (remember to add an ice pack)
* Canned fruit in natural juice or water
* Dried fruits – not for everyday and keep these serves small (no more than 30g)
* A salad or sandwich with any of these vegetables - lettuce, cucumber, carrot, celery, cabbage, mushrooms, snow peas, sugar snap peas, baby spinach or green beans

You will be informed when restrictions have ended. Thank you for your support in preventing fruit fly in our area.